
From the Altipiani di Arcinazzo (594 m) there is a slight ascent, among forests and heath, reaching the small monastery of Santa Chiara. At the summit, a suggestive panorama opens up, with the Molda Valley visible in the background. Above the town of Isola del Liri (516 m.), on the other hand, the town of Arcinazzo is visible, while towards the east, the landscape becomes more natural, with fields dominated by olive groves. From Guarino (350 m.), there is a slow descent towards the Molda Valley, passing through a forest area.

**3ª tappa [3-5] Guarino - Collepardo**

The path then continues, with a series of climbing and descending sections, leading to the Monastery of San Domenico, founded in 1242. The church, the cloister, and theChapter House are particularly noteworthy. The site then continues on the Via Benedicti, passing through the town of Casalattico and the district of Monte Cassino.

**4ª tappa [5-6] Collepardo - Voleri**

From Collepardo (350 m.) there is a slight descent into the valley of the Casale, where the road forks into two directions. On the one hand, the road continues towards the·Abbazia di Sant'Angelo, near the Montesimone (579 m.), an important site in the history of the region. On the other hand, the road continues towards the suburb of Monte Cassino, near the entrance to the town of Monte Cassino (516 m.).

**5ª tappa [6-7] Veroli - Monte San Giovanni Campano**

From Veroli (350 m.) the road continues towards the small town of San Giovanni Campano (825 m.), where the route ends. The road then continues towards the suburb of Monte Cassino, near the entrance to the town of Monte Cassino (516 m.).

**6ª tappa [7-8] Monte San Giovanni Campano - Arpino**

The path then continues towards the small town of Arpino (380 m.), where the road ends. The route then continues towards the suburb of Monte Cassino, near the entrance to the town of Monte Cassino (516 m.).

**7ª tappa [8-9] Arpino - Casalvieri**

The road then continues towards the small town of Casalvieri (380 m.), where the road ends. The route then continues towards the suburb of Monte Cassino, near the entrance to the town of Monte Cassino (516 m.).